

# Washington State Institute for Public Policy

## Benefit-Cost Results

The WSIPP benefit-cost analysis examines, on an apples-to-apples basis, the monetary value of programs or policies to determine whether the benefits from the program exceed its costs. WSIPP's research approach to identifying evidence-based programs and policies has three main steps. First, we determine "what works" (and what does not work) to improve outcomes using a statistical technique called meta-analysis. Second, we calculate whether the benefits of a program exceed its costs. Third, we estimate the risk of investing in a program by testing the sensitivity of our results. For more detail on our methods, see our [technical documentation](#).

Current estimates replace old estimates. Numbers will change over time as a result of model inputs and monetization methods.

### Adult Mental Health

Program name	Date of last literature review	Total benefits	Taxpayer benefits	Non-taxpayer benefits	Costs	Benefits minus costs (net present value)	Benefit to cost ratio	Odds of a positive net present value
Cognitive Behavioral Therapy (CBT) for adult anxiety	May. 2014	\$38,398	\$11,584	\$26,814	(\$352)	\$38,046	\$109.40	99 %
Cognitive Behavioral Therapy for PTSD	May. 2014	\$35,568	\$10,934	\$24,635	(\$345)	\$35,223	\$103.38	100 %
Cognitive Behavioral Therapy (CBT) for adult depression	May. 2014	\$26,148	\$7,445	\$18,703	(\$233)	\$25,914	\$112.16	100 %
Adult Mental Health: Collaborative Primary Care for Anxiety	May. 2014	\$25,649	\$7,824	\$17,825	(\$796)	\$24,853	\$32.36	94 %
Adult Mental Health: Collaborative Primary Care for Depression	May. 2014	\$9,175	\$2,532	\$6,642	(\$796)	\$8,378	\$11.56	100 %
Adult Mental Health: Collaborative Primary Care for Depression with Comorbid Medical Conditions	May. 2014	\$5,231	\$1,384	\$3,847	(\$841)	\$4,390	\$6.24	100 %
PTSD prevention following trauma	May. 2014	\$4,922	\$1,634	\$3,288	(\$826)	\$4,096	\$5.98	99 %
Individual Placement and Support for individuals with serious mental illness	May. 2014	\$1,487	\$562	\$924	(\$780)	\$707	\$2.04	66 %
Primary care in behavioral health settings (integrated care settings)	May. 2014	\$924	\$315	\$609	(\$225)	\$699	\$4.13	58 %
Primary care in behavioral health settings	May. 2014	\$442	\$145	\$297	(\$215)	\$227	\$2.09	54 %
Mobile crisis response	May. 2014	\$752	\$820	(\$68)	(\$1,158)	(\$406)	\$0.65	28 %
Primary care in behavioral health settings (community-based settings)	May. 2014	(\$598)	(\$127)	(\$470)	(\$267)	(\$865)	(\$2.25)	17 %
Peer support: Substitution of a peer specialist for a non-peer on the treatment team	May. 2014	(\$1,138)	(\$346)	(\$791)	\$0	(\$1,138)	n/a	20 %
Peer support: Addition of a peer specialist to the treatment team	May. 2014	\$633	\$741	(\$109)	(\$3,407)	(\$2,775)	\$0.19	1 %
Illness Management and Recovery (IMR)	May. 2014	(\$1,172)	\$339	(\$1,511)	(\$3,396)	(\$4,568)	(\$0.35)	17 %
Forensic Assertive Community Treatment	May. 2014	(\$4,443)	\$597	(\$5,039)	(\$12,548)	(\$16,990)	(\$0.35)	0 %
Supported housing for chronically homeless adults	May. 2014	(\$5,870)	\$539	(\$6,409)	(\$14,961)	(\$20,831)	(\$0.39)	0 %
Assertive Community Treatment	May. 2014	(\$9,946)	(\$200)	(\$9,746)	(\$17,721)	(\$27,667)	(\$0.56)	4 %

### Other Adult Mental Health topics reviewed:

Program name	Date of last literature review	Notes
Crisis Intervention Team	May. 2014	No rigorous evaluation measuring outcome of interest.
Forensic Integrative Re-entry Support and Treatment (FIRST)	May. 2014	No rigorous evaluation measuring outcome of interest.
Forensic Intensive Supportive Housing (FISH)	May. 2014	No rigorous evaluation measuring outcome of interest.
Peer Bridger	May. 2014	No rigorous evaluation measuring outcome of interest.
Trauma Informed Care: Risking Connection	May. 2014	No rigorous evaluation measuring outcome of interest.

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## Washington State Institute for Public Policy

The Washington State Legislature created the Washington State Institute for Public Policy in 1983. A board of Directors-representing the legislature, the governor, and public universities-governs WSIPP and guides the development of all activities. WSIPP's mission is to carry out practical research, at legislative direction, on issues of importance to Washington State.